

Arctic sea ice export as a driver of deglacial climate

Alan Condrón^{1*}, Anthony J. Joyce² and Raymond S. Bradley²¹Geology & Geophysics, Woods Hole Oceanographic Institution, Woods Hole, Massachusetts 02543, USA²Geosciences, University of Massachusetts at Amherst, Amherst, Massachusetts 01003, USA

ABSTRACT

A widespread theory in paleoclimatology suggests that changes in freshwater discharge to the Nordic (Greenland, Norwegian, and Icelandic) Seas from ice sheets and proglacial lakes over North America played a role in triggering episodes of abrupt climate change during deglaciation (21–8 ka) by slowing the strength of the Atlantic Meridional Overturning circulation (AMOC). Yet, proving this link has been problematic, as climate models are unable to produce centennial-to-millennial-length reductions in overturning from short-lived outburst floods, while periods of iceberg discharge during Heinrich Event 1 (ca. 16 ka) may have occurred after the climate had already begun to cool. Here, results from a series of numerical model experiments are presented to show that prior to deglaciation, sea ice could have become tens of meters thick over large parts of the Arctic Basin, forming an enormous reservoir of freshwater independent from terrestrial sources. Our model then shows that deglacial sea-level rise, changes in atmospheric circulation, and terrestrial outburst floods caused this ice to be exported through Fram Strait, where its subsequent melt freshened the Nordic Seas enough to weaken the AMOC. Given that both the volume of ice stored in the Arctic Basin and the magnitude of the simulated export events exceed estimates of the volumes and fluxes of meltwater periodically discharged from proglacial Lake Agassiz, our results show that non-terrestrial freshwater sources played an important role in causing past abrupt climate change.

INTRODUCTION

The climate of the last deglaciation is marked by a series of abrupt changes in temperature. Of particular note is the Younger Dryas (YD) episode at ca. 12.9 ka that is often described as a millennial-length rapid return to glacial-like conditions over much of the North Atlantic region (Alley, 2000). While a variety of mechanisms have been proposed to explain this cooling, including a volcanic eruption, meteorite impact, and changes in atmospheric circulation (Wunsch, 2006; Firestone et al., 2007; Eisenman et al., 2009; Baldini et al., 2018), considerable research has postulated that the YD, and other periods of abrupt cooling such as the Preboreal Oscillation (PBO; ca. 11.3 ka) and the Older Dryas (ca. 14 ka), were triggered by variations in terrestrial meltwater discharge to the ocean (Broecker et al., 1989; Clark et al., 2001; Teller et al., 2002). For the YD, a major switch in North American glacial drainage patterns around this time

is thought to have routed meltwater from the Mississippi River to the St. Lawrence and/or Mackenzie Rivers so that it entered the ocean closer to sites of deep water formation that modulate the strength of the Atlantic Meridional Overturning circulation (AMOC) and its associated northward heat transport (Kennett and Shackleton, 1975; Manabe and Stouffer, 1995; Murton et al., 2010). In addition, freshwater discharge from the Fennoscandian Ice Sheet and/or Baltic Ice Lake may have played a role in triggering the initial onset of cooling (Muschitiello et al., 2016).

Nevertheless, unraveling the link between times of increased meltwater input and cooling remains difficult (Broecker, 2006; Renssen et al., 2015). While the AMOC in most climate models is sensitive to small changes in freshwater forcing (~ 0.1 Sv; $Sv = 10^6$ m³/s; Stouffer et al., 2006), these models indicate that short-duration outburst floods—like the ones thought to have occurred as new drainage outlets periodically opened—would not have led to any long-term weakening of the large-scale AMOC and, as such, were unlikely to have caused centen-

nal-to-millennial-length cooling (Meissner and Clark, 2006; Renssen et al., 2015). A sustained switch in the meltwater drainage route to the ocean—in response to a change in the position of the southern margin of the Laurentide ice sheet (LIS)—is also frequently hypothesized to have played a role in triggering deglacial cooling by altering the delivery of meltwater to sites of deep convection that regulate North Atlantic Deepwater (NADW) formation (e.g., Clark et al., 2001). Indeed, numerical model experiments show that changing the main meltwater drainage route of the LIS from the Mississippi River to either the northwestern Atlantic Ocean or the Arctic Ocean results in a significant reduction in the AMOC (Maier-Reimer and Mikolajewicz, 1989; Manabe and Stouffer, 1995; Clark et al., 2001; Peltier et al., 2006). However, as the YD is widely viewed as a time of glacial re-advance and *reduced* terrestrial meltwater discharge to the ocean, it is likely that freshwater forcing was *less* during this period (Abdul et al., 2016). A similar dichotomy surrounds the cooling during Heinrich Event 1: while this cold stadial was originally hypothesized to have been triggered by icebergs freshening the ocean (Broecker, 1994), recent findings suggest that the cooling might have begun prior to significant ice rafting, such that freshwater forcing (from ice sheets) played a relatively minor role (Barker et al., 2015).

Here, we investigate whether changes in the storage and export of Arctic sea ice to the sub-polar North Atlantic played a role in modulating deglacial climate by periodically weakening the overturning cell. While this mechanism was previously proposed by Bradley and England (2008) as trigger for the YD, it has never been explicitly tested. Marine proxies do, however, support the idea that the YD was both a time of increased sea-ice drift and ice export to the sub-polar North Atlantic (Not and Hillaire-Marcel, 2012; Müller and Stein, 2014; Müller, 2016). We suspect that additional sea-ice export events also played a role in triggering, or enhancing, other

*E-mail: acondron@whoi.edu

periods of climate cooling during deglaciation. For example, the drainage of meltwater into the Arctic Ocean as the Cordilleran-Laurentide ice saddle collapsed at ca. 14.5 ka likely created a large ice export event to the North Atlantic that could have enhanced the Older Dryas cooling previously proposed to have been triggered by this meltwater event (Gregoire et al., 2012; Ivanovic et al., 2017). A similar ice export mechanism at ca. 11.3 ka was also proposed to have amplified the climatic cooling during the PBO (Fisher et al., 2002).

More recently, Thornalley et al. (2018) proposed that a similar mechanism might explain the pre-industrial slowdown of the AMOC whereby the enhanced export of sea ice to the Nordic Seas formed during the Little Ice Age had suppressed the sinking limb of the overturning cell. Indeed, modern-day observations and modeling show that changes in Arctic sea-ice export play an important role in modulating the AMOC (Liu et al., 2019). For example, the Great Salinity Anomaly in the subpolar North Atlantic in the late 1960s and 1970s was caused by a significant increase in the export of Arctic sea ice and is estimated to have weakened the AMOC by 1–3 Sv (Dickson et al., 1988; Zhang and Vallis, 2006). Such ideas thus beg the question of whether the growth of thicker sea ice prior to deglaciation could have generated larger sea-ice export events that were able to keep the AMOC in a weakened state for longer.

METHODS

We used a combination of historical archives and numerical climate model experiments to estimate past Arctic sea-ice extent and thickness, and the mechanisms altering ice export to the North Atlantic. Initially, we examined the diaries and journals kept by several early 19th and 20th century Arctic expeditions for mentions of encounters with unusually thick sea ice, and any measurements of ice thickness and extent. Descriptions of large Arctic ice islands utilized during the Cold War were also examined to place additional constraints on these parameters. A numerical ocean/sea-ice model (Condron et al., 2009; Hill and Condron, 2014; see the GSA Data Repository¹) was then run to estimate the volume of freshwater that the Arctic Ocean stored as sea ice prior to deglaciation, and to quantify whether deglacial changes in ice export were large enough to slow the AMOC and cool climate.

¹GSA Data Repository item 2020112, methodological description of the numerical climate model, and vertical profiles of observed and simulated ocean temperature and salinity in the eastern Arctic Basin, is available online at <http://www.geosociety.org/datarepository/2020/>, or on request from editing@geosociety.org.

RESULTS

Many of the diaries and journals written in the 19th and early 20th centuries provide direct evidence that vast areas of the Arctic Basin were once covered by ice considerably thicker than observed over the past 30–40 years. For instance, in 1875, Sir George Nares (Nares, 1878) introduced the term “*palaeocrystic ice*,” to describe the unique and exceptionally old and thick ice his expedition encountered. This “*sea of ancient ice*,” as he named it, was found to extend along the north coast of Arctic Canada for >450 km (Markham, 1878). In other accounts, Cook (1911, p. 266) noted, “... from the 87th to the 88th parallel we passed for 2 days over old ice without pressure lines or hummocks..., but the ice had the hard, wavering surface of glacial ice with only superficial crevasses.” At the end of the 19th century, this region of thick Arctic sea ice was estimated to have occupied an area of ~8900 km² (Vincent et al., 2001), while direct measurements showed that the ice was at least 35–50 m thick (Crary, 1958). Large pieces of thick sea ice were also still being reported in the early 20th century, including one ~25-km-long and 15-m-thick on

which the Norwegian explorer, Storker Storkerson, spent 6 months adrift (Stefansson, 1921), while similar-sized floes were used as scientific research stations during the Cold War (Walker and Wadhams, 1979; Fig. 1). These regions of thick ice had “*long, prairie-like swells*” (Peary, 1907, p. 181) typical of modern-day ice shelves, but unlike ice shelves around the Antarctic, this ice was not fed by glaciers. Instead, these regions of ice were composed of sea ice repeatedly thickened by the accumulation of snow and superimposed ice on the surface, as well as the freezing of seawater onto the underside of the ice (Dowdeswell and Jeffries, 2017).

Looking farther back in time, marine sediment records from the central Arctic suggest sea ice continuously covered the Arctic Basin during glacial periods. For example, zero, or near-zero, biomarker concentrations and a hiatus in sediment deposition indicate that during the Last Glacial Maximum (LGM; ca. 18 ka) the central Arctic Ocean (north of 84°N) was covered by thick permanent sea ice throughout the year, with rare breakup (Polyak et al., 2009; Not and Hillaire-Marcel, 2012; Xiao et al., 2015).

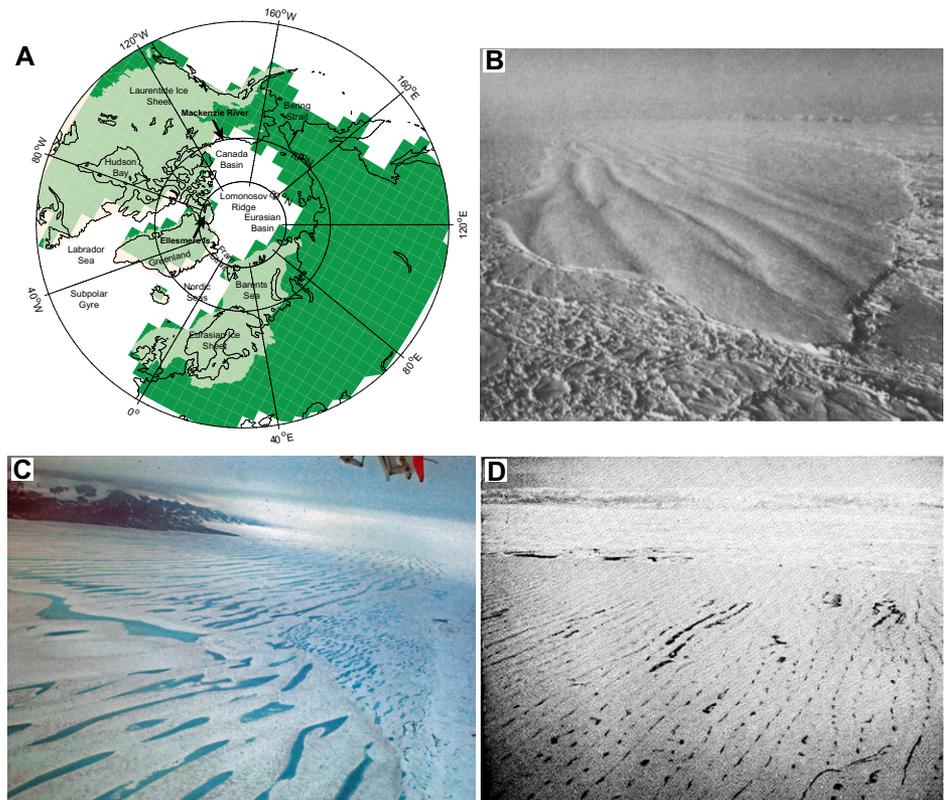


Figure 1. (A) Study location map. Landmasses and major ice sheets during the Last Glacial Maximum (LGM) are shown by the off-white and green shading, respectively. The two black arrows show the locations of Ellesmere Island and the Mackenzie River. (B–D) Photographic evidence of the last remnants of ‘*palaeocrystic*’ ice (exceptionally old and thick ice) in the Arctic Ocean. (B) Aerial photograph of Hobson’s Choice Ice Island taken in April 1985 (Jeffries, 1992). (C, D) *Palaeocrystic* ice off the north coast of Ellesmere Island covered by evenly spaced meltwater ponds in 2002 (C) (source: C. Braun, Westfield State University, Massachusetts, USA) and 1951 (D) (source: Koenig et al., 1952, their reference U.S. Air Force, 1951). Although these bodies of ice are tens of meters thick, they are not fed by glaciers. Instead they form in the same way as modern-day sea ice; i.e., by basal freezing and snow accumulation at the surface.

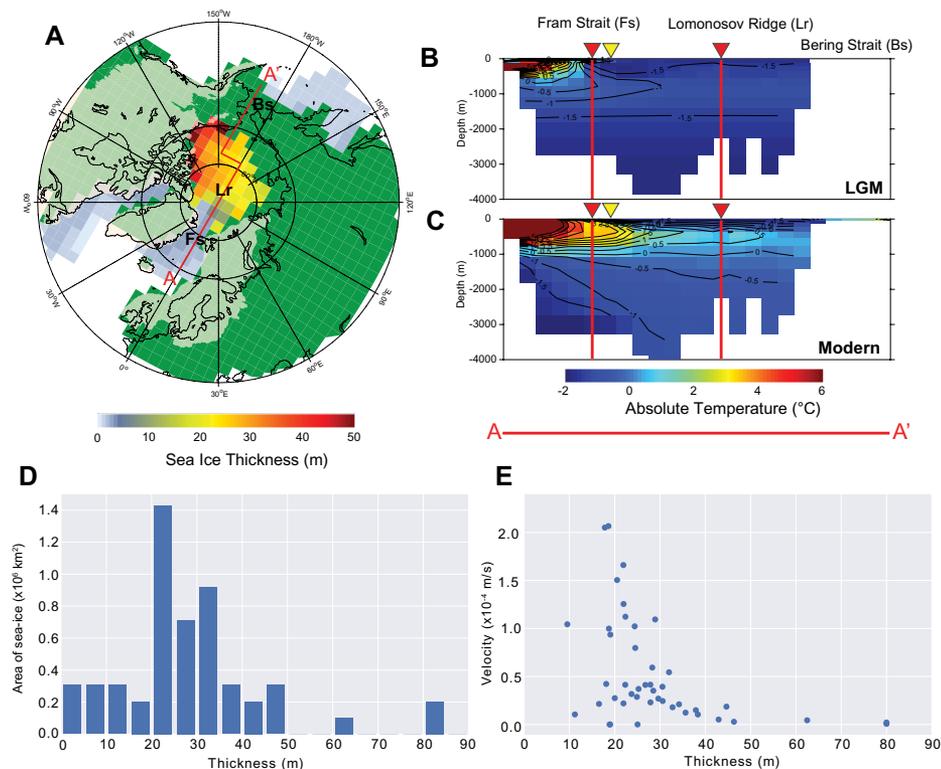


Figure 2. (A) Simulated sea-ice extent and thickness (gray through orange/red shading), prior to ice break-up. Cross section A-A' from Fram Strait to the Bering Strait provides absolute water temperature through the Nordic Seas and Arctic Basin for the Last Glacial Maximum (LGM) (B) and modern day (C). Red triangles in B and C mark the position of Fram Strait and the Lomonosov Ridge, and yellow triangles mark the position of the vertical profiles shown in Figure DR1 (see footnote 1). (D) Histogram of the area of Arctic sea ice of varying thickness, showing that the majority of the basin was covered by 20–30-m-thick ice that occupied an area of $\sim 306,000 \text{ km}^2$. (E) Ice thickness versus velocity showing that ice velocity reduces with increasing ice thickness.

Our numerical climate model simulation shows that prior to deglaciation, the Arctic basin stored $\sim 140,000 \text{ km}^3$ of freshwater (as ice), with an average ice thickness of 26 m (Fig. 2). For comparison, this volume is $12 \times$ larger than the total amount of meltwater estimated to have been stored in glacial Lake Agassiz at the onset of the YD cold episode (Teller et al., 2002). In agreement with proxy records (Polyak et al., 2009; Xiao et al., 2015), the thickest and most persistent ice in our model is found in the central and western Arctic Ocean, due to the lack of any significant penetration of heat from the Atlantic causing the warm intermediate Atlantic Layer—a pervasive feature across the entire modern Arctic Ocean—to be $\sim 2.5 \text{ }^\circ\text{C}$ colder and 500 m deeper, and restricted to the eastern Arctic (Fig. 2; Fig DR1 in the Data Repository). Ice in the western basin was extremely stagnant ($< 75 \text{ m/yr}$) compared to ice in the eastern Arctic that was much more mobile, and at Fram Strait, where the ice was thinnest ($< 10 \text{ m}$), it reached speeds of $\sim 0.05 \text{ m/s}$ (Figs. 1 E and 2D). Our model also agrees with proxy reconstructions that show that the eastern Nordic Seas were ice-free during the summer, and that during the winter, the sea-ice edge extended south to

Iceland and covered much of the Labrador Sea (Nørgaard-Pedersen et al., 2003; Samthein et al., 2003; Fig. DR2). While the thickness of the ice simulated in the central and western Arctic Basin may appear high compared to some existing glacial model simulations (e.g., Li et al., 2010), our results are considerably closer to the thicknesses of the ice described by the 19th century Arctic explorers. In addition, it has become common practice in many model simulations to artificially ‘cap’ sea-ice thickness to avoid values that are considered (in the scientific community) to be unrealistic for the LGM.

To test whether the mobilization and export of thick Arctic sea ice could have slowed the AMOC, we performed a series of perturbation experiments designed to invigorate sea-ice drift. First, we set the strength of the wind over the transpolar drift to blow constantly in a southerly direction at speeds of either 5 m/s or 7.5 m/s, to simulate the increase in the atmospheric pressure gradient between the Greenland Ice Sheet and Spitzbergen during colder, more glacial periods (Brady et al., 2013). In our initial experiment (ATM5), the perturbation was applied for 5 yr before the winds were returned to the values in the control integration for 50 yr. This

cycle was then repeated five times. In a second experiment (ATM50), the perturbation was applied for 50 yr before conditions were returned to those in the control for 100 yr. In ATM5, wind speeds of 7.5 m/s cause $18,500 \text{ km}^3$ of sea ice to be released into the Nordic Seas over 5 yr, which is double the one-time, $\sim 9,500 \text{ km}^3$ discharge of meltwater estimated to have been released from glacial Lake Agassiz at the onset of the YD (Teller et al., 2002; Fig. 3A).

In experiment ATM50, we find a similar but larger response, in which the 7.5 m/s wind perturbation causes $\sim 160,000 \text{ km}^3$ of ice to be discharged over 50 yr, with a peak flux of $\sim 0.15 \text{ Sv}$ that remains sustained at $\sim 0.1 \text{ Sv}$ for $\sim 45 \text{ yr}$. Additionally, the 5 m/s wind perturbation in this experiment increases sea-ice export after $\sim 20 \text{ yr}$, suggesting that the circulation of the central Arctic takes time to ‘spin-up’ before ice begins to mobilize. Once this event begins, though, sea-ice fluxes of $\sim 0.1 \text{ Sv}$ are generated at Fram Strait, and $\sim 76,000 \text{ km}^3$ of freshwater is exported to the Nordic Seas. Compelling evidence that these sea-ice export events directly impact ocean circulation is shown by periods of enhanced ice discharge in both experiments (ATM5 and ATM50) leading to a freshening of the Nordic Seas, a slowdown in the strength of the AMOC, and a reduction in northward heat transport, with the greatest reduction coinciding with the peak in ice export (Fig. 3).

In a second set of perturbation experiments, we simulated the impact of rising sea level submerging the Bering land bridge on sea-ice export. Here, the model shows that the sudden inflow of relatively warm Pacific waters increases both the surface velocity of the Arctic Ocean by $\sim 30\%$ and the transport of heat into the western Arctic Basin by 1 Tw ($\text{Tw} = 10^{12} \text{ watts}$). This, in turn, causes sea ice in the Canada Basin to mobilize, such that after $\sim 4 \text{ yr}$, the export of sea ice through Fram Strait peaks at $\sim 0.1 \text{ Sv}$ (Fig. 4A). Sea-ice discharge then shows a gradual reduction over a period of $\sim 20 \text{ yr}$, but continues to be higher than the control integration for the remainder of the simulation. During the first two decades, $\sim 50,000 \text{ km}^3$ of sea ice is exported to the North Atlantic, which is more than $5 \times$ the volume of meltwater released from glacial Lake Agassiz at the onset of the YD.

Lastly, we simulated the effect of a glacial outburst flood on the break-up of Arctic sea ice using a higher-resolution, regional configuration of our model (see the Data Repository; Condrón et al., 2009) by releasing glacial meltwater from the Mackenzie River in the western Arctic for 1 yr. Here, we find that after just 3 months, the export of ice at Fram Strait peaks at $\sim 0.4 \text{ Sv}$, as thick ($> 10 \text{ m}$) ice moves from the western Arctic to the Nordic Seas at speeds of up to 0.5 m/s (Fig. 4B). The ice then drifts south in the East Greenland Current and provides freshwater to regions of deepwater formation in the subpolar

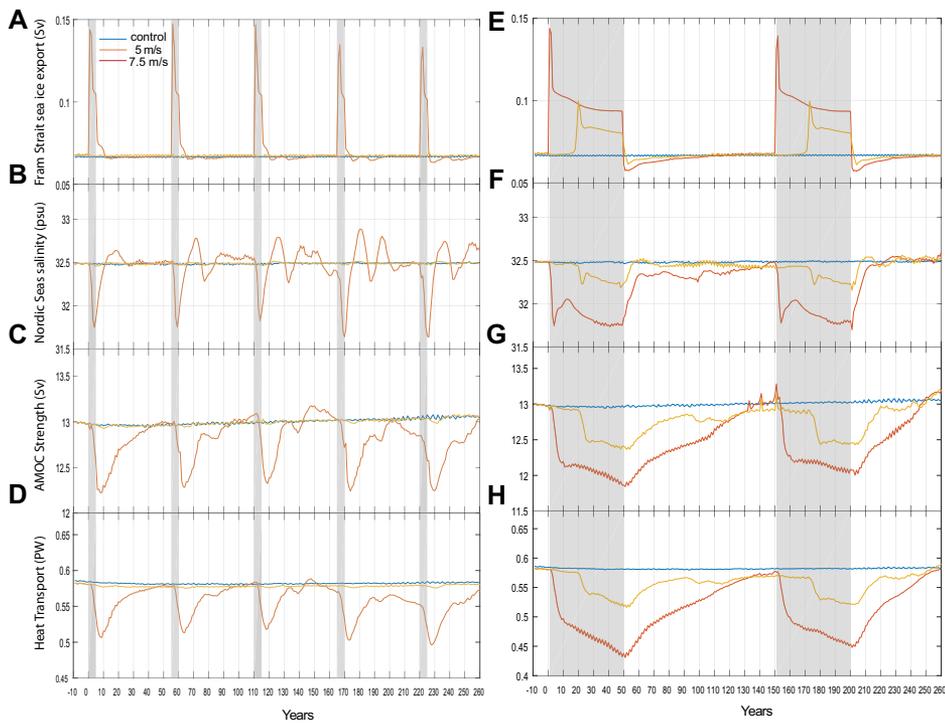


Figure 3. The response of Arctic sea ice at Fram Strait, and ocean circulation to the mobilization of ice in the central Arctic Basin in experiments ATM5 (A–D) and ATM50 (E–H). $S_v = 10^6 \text{ m}^3/\text{s}$. Each time the transpolar drift is enhanced by the wind perturbation (gray shading; wind speed of 5 m/s [orange] or 7.5 m/s [red]), sea-ice export to the central Nordic Seas increases (A,E), the Nordic Seas freshen (B,F), the strength of the Atlantic Meridional Overturning circulation (AMOC) weakens (C,G), and the northward transport of heat is reduced (D,H; $1 \text{ PW} = 10^{15} \text{ W}$).

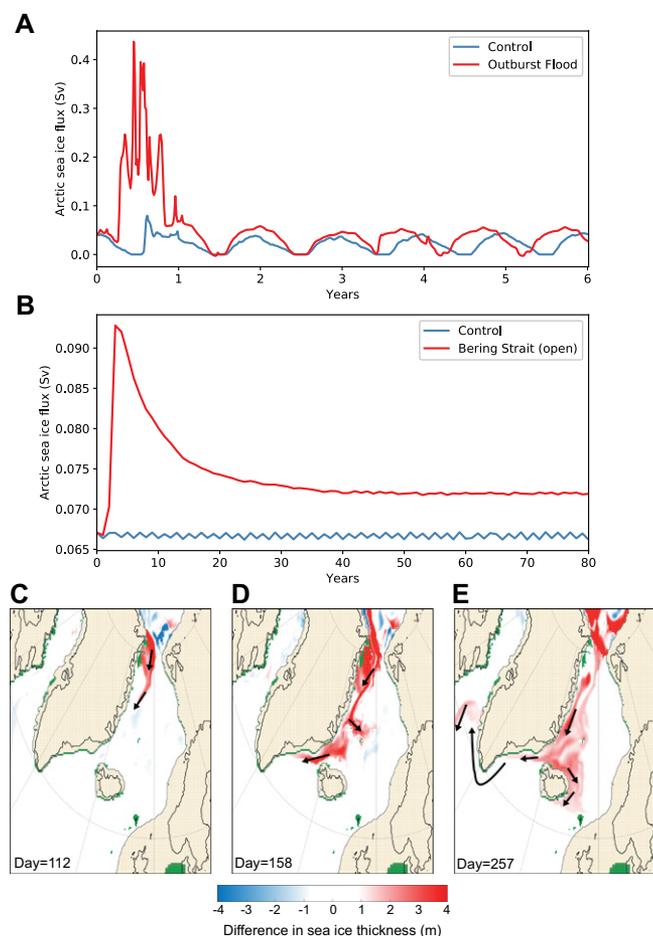


Figure 4. (A,B) Time series of Arctic sea-ice export fluxes at Fram Strait in response to rising sea level during deglaciation (A) and a glacial outburst flood from the Mackenzie River, Canada (B). $S_v = 10^6 \text{ m}^3/\text{s}$. (C,D) Snapshots of the change in sea-ice thickness in the Nordic Seas in response to the glacial outburst flood from the Mackenzie River: after ~112 days, ice begins to break up closest to Fram Strait (C) such that large volumes of sea ice are rapidly transported out of the Arctic, freshening sites of deepwater formation in the Nordic Seas as the ice melts (D). After 257 days, this ice passes south through the Denmark Strait and continues around the tip of southern Greenland into the Labrador Sea (E).

North Atlantic (Figs. 4C–4E). Significantly, this flux of freshwater (as ice) is over $4 \times$ that required to weaken the AMOC in many numerical climate models (e.g., Stouffer et al., 2006).

CONCLUSIONS

Our results show that the thick ‘*palaeocrysic ice*’ Sir George Nares reported in the Arctic Ocean over 140 years ago during the British Arctic Expedition (Nares, 1878) would likely have covered much of the Arctic Basin prior to deglaciation, creating an enormous reservoir of freshwater, independent from terrestrial sources. The periodical export of this sea ice through Fram Strait produces several large freshwater discharge events that, in our model, exceed the estimated volumes of freshwater released from glacial Lake Agassiz as a result of a drawdown in lake level, and are large enough to slow the AMOC. We expect that feedbacks in the climate system that are not fully resolved in our model would have resulted in the exported sea ice lowering the surface air temperatures over the sub-polar North Atlantic to promote additional ice growth and prolonged cooling. Such conditions may have been maintained for several centuries until the ice finally melted. Our findings thus highlight that the build-up and export of Arctic sea ice likely played an important role in triggering, or enhancing, deglacial cooling periods such as the Older Dryas, Younger Dryas, and the PBO.

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